# Youth Support Service



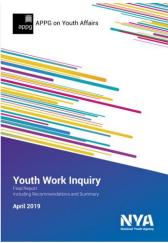
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### **The Central Line**

I hope everyone managed to get a well-deserved rest over the recent Easter break and to enjoy the sunshine. Hopefully summer truly is on its way with the potential and energy that the good weather brings.

On 4th April 2019, Chair of the All-Party Parliamentary Group for Youth Affairs, Lloyd Russell-Moyle MP, launched the final report of the Inquiry into youth work. Grab your online copy here.



#### **Issue number 86**

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Please send your feedback or articles to be included in this newsletter to Central YSS

The <u>YSS Portal</u> contains information, policies and procedures to help you in your work.

In other news the youth work sector are celebrating last week's news that a <u>new Youth Charter</u> will be developed following the Prime Minister's Serious Youth Violence Summit. This follows the work of UK Youth with other leading youth groups, calling on the Government to develop just such a charter. Cambridgeshire contributed to this work when it was first highlighted two years ago and some of you may have participated in the regional forum we hosted at CPDC. (See also article later in the newsletter.)

Whilst we know preventative youth work is key to achieving we continue to face capacity and resource issues which is why it is so important the government are now focusing on the contributions youth work can make in tackling the serious issues young people face



County Youth and Community Manager

### **Policy and Information**

#### **MJ Achievement Awards 2019**

We are proud to announce that our NCS Programmes Coordinator, Natalie Taylor, has been shortlisted as 'Rising Star' in the forthcoming MJ Achievement Awards. The winners from each of the 18 categories will be announced at the gala awards night on Wednesday 26<sup>th</sup> June at the Hilton Hotel, Park Lane, London, and we're keeping our fingers crossed for Natalie!



#### Rachel's Story - Practitioner Briefing

Suicide in children and young people is an extremely distressing subject to explore, and this introduction comes with a warning that readers may find some aspects of this briefing upsetting.

In order to find out how agencies working together can best support children and young people we need to examine this area in some detail, with the help of one young person's story.

A practitioner briefing on 'Rachel's Story' which can be found on the <u>Cambs</u> <u>& Peterborough Safeguarding website</u>.

### **East of England Forensic Child and Adolescent Mental Health Service**

The East of England Forensic Child and Adolescent Mental Health Service (FCAMHS) will be offering a full clinical service across the East of England region from 1st April 2019. This constitutes the final part of a phased roll out of the service.

FCAMHS is a regional specialist service, hosted by Cambridgeshire and Peterborough Foundation NHS Trust, for children and young people aged 0-18 whereby:

- there is a concern about a young person's mental health (this may include neurodevelopmental disorder and/or learning disability)
- the young person presents with high risk of harm to others and about whom there is major family or professional concern

• the young person may be in contact with the criminal justice system or be likely to enter secure care.

FCAMHS accepts referrals from any professional working with children and young people.

For further information on how to make a referral and to view a copy of the FCAMHS leaflets and privacy notice, please visit their webpage.

Please note the new regional telephone number: 0300 300 9300.

#### **MDMA Death in Lincolnshire**

A 14 year old male died early April in Holbeach, Lincs, after taking Purple Punisher MDMA tablets. There is no media involvement at this time due to the sensitivity around this incident. The image below is thought to be similar to the ones taken.



### **Support parents with the free Digital Parenting guide**

A free resource that can be ordered and given to parents. Lesley Liston talks about this in her safeguarding training and feels it is a very useful well written magazine produced by Parentzone that could be ordered for your teams – although it is sponsored by Vodaphone that is to cover the costs, it is not an advertising tool or endorsement of them.

The minimum order is 50 and there is absolutely no cost regardless of how many you order. Order online at <u>Parentzone</u>.

It comes packed with expert-written content on a range of topics to help children be more resilient online. These include:

- Managing children's sleep and setting digital boundaries
- How children can enjoy a safer start on social media
- Expert advice on gaming addiction, self-harm and Virtual Reality
- And many more



### **Violence Against Women and Girls – Newsletter**

The latest VAWG newsletter is available on the Cambridgeshire and Peterborough Domestic Abuse and Sexual Violence Partnership website.

### **Opportunities for Young People**

#### **Play with Pride**

The Play With Pride project aims to help more LGBT young people to experience the benefits that physical activity can bring to their physical, social and mental wellbeing that physical activity can offer. Play With Pride will achieve this by:

- Upskilling sport coaches and clubs through training workshops delivered by the Kite Trust.
- Training young people to become 'LGBT Leaders'.
- Work alongside LGBT Leaders to visit local clubs and award a 'Rainbow Rating' to help gauge how well they cater for the LGBT community.
- Delivery of 2 'Play With Pride Sport Festivals', raising awareness of physical activity offers and offering access to other LGBT support organisations and community groups.
- Creation of two LGBT activity clubs, led by young people and inclusive, qualified coaches.

If you know of any young people that may be interested in taking part in this project, further details can be found on the Living Sport website.

## Involving young people in national work/campaign re convention on children's rights



As part of the 30th anniversary of the Convention on the Rights of the Child 1989 (UN CRC), NCB's Participation team is a leading a broad range of organisations in a coordinated social media week to celebrate what Article 12 (the right to be heard and participate in decision-making) really means in children's lives.

Particularly in the current political environment, rights are often seen as existing at a conceptual level, removed from day to day life and professional practice. This social media campaign aims to showcase the range of applications Article 12 has for children and how it resonates at all levels.

From the seemingly mundane (I choose what I have for breakfast) right up to involvement in strategic policy making (I spoke at a Parliamentary Inquiry), children and young people have the right to develop and exercise their decision-making skills in all areas of their lives. This campaign is an opportunity to celebrate CYP's achievements and their own personal development.

If you think the children and young people that you work with would like to be part of this campaign, taking place in the second week of July, please contact Philippa Watts at <a href="mailto:pwatts@ncb.org.uk">pwatts@ncb.org.uk</a>.

### **Funding**

### **Lawrence Atwell's Charity**

<u>Grants</u> of up to £1,500 are available for people aged 16 to 26, living in England and Wales from low-income backgrounds, to help them gain vocational, accredited qualifications (up to level 3) that will help them move into employment. Funding can be given for course fees, equipment/materials, travel costs, childcare and living costs.

#### **Asda Foundation Grants**

The Asda Foundation is committed to developing stronger, better connected, sustainable communities across the UK. The <u>Significant Local Community Projects</u> programme allows colleagues to nominate initiatives which will make a real long-term difference, benefiting the wider community and transforming communities to improve lives locally.

Any charity/good cause wishing to apply should first approach their local store or home office to see if their project is something that the Community Champion would be willing to support. Applications can be submitted at any time.

Useful Links: Eligibility Checker / Projects Previously Funded

### **Tesco Bags of Help Centenary Grants**

Not for profit organisations including registered charities, community interest companies, local authorities and social housing providers can apply for funding for projects that have a significant community benefit within individual Tesco regions.

The funding is being made available through the <u>Tesco Bags of Help</u> <u>Centenary Grants</u>. The types of projects funded will be very broad and will cover the direct costs needed to deliver the project.

There will be two voting rounds during 2019. Three community projects in each region will be voted on by customers in Tesco stores throughout the UK, in July/August and November/December 2019. Following the vote, the project that receives the most votes in the Tesco voting region will receive a grant of up to £25,000, second place receiving up to £15,000 and third place up to £10,000.

Useful Links: Guidance Notes / Frequently Asked Questions

### **WHSmith Trust Community Grant**

Small grants of up to £500 are available to community groups in the UK, from a fund raised via the WHSmith compulsory carrier bag levy. Find out more and apply <a href="here">here</a>. There are two annual application rounds — 1st October to 31st March, and 1st April to 30th September — and at the end of each six month period grant applications will be reviewed and grants issued.

### **One Stop Carriers for Causes**

Not for profit organisations that are located within 2 miles of a One Stop shop can apply for grants of up to £1,000 for projects that benefit their local community. One Stop's 'Carriers for Causes' is funded through the money raised from the 5p bag charge in One Stop stores in England, Wales and Scotland.

The grants are available for a wide range of activities and the funding will cover the direct costs needed to deliver the project. Projects eligible for funding include:

- One off community events such as community fun day expenses, summer youth camp, litter picking, sports events, expenses to pay for terminally ill cancer patients on visits to the seaside.
- Purchasing items to run a project such as specialised medical equipment, football/cricket /netball kit for local junior club, arts and craft materials for a workshop, kitchen equipment for a healthy eating project, marketing materials for an event, fishing kit for youth project.
- Purchasing materials to undertake a place based improvement project such as buying paint, litter pickers, gravel, grass seed, plants, and benches.

Applications can be submitted at any time and are shortlisted on a quarterly basis for panel decision which will take place every three months. Applicants will generally know the outcome of your application within 16 weeks of applying.

Useful Links: Store Locator / Application Guide / Apply Online

### **Support for Environmental Outreach Education for Disadvantaged Young People**

Schools, colleges and youth groups can receive up to 80% towards the costs of providing environmental outreach education for groups of disadvantaged young people through the Field Studies Council's Kids Fund.

There are two types of Kids Fund courses: Wildlife and Environment focusing on wildlife habitats and the environment with team building activities and Eco Adventure which combines environmental and personally challenging activities.

Groups who meet one of the following criteria will be eligible:

- Disadvantaged young people aged 4-18 years (or up to 25 years for those with special needs).
- Voluntary youth groups (either run by voluntary leaders, managed by a voluntary organisation, a registered charity)
- School groups may apply if they are aiming to provide benefits which are additional to the statutory school curriculum or clearly show added value, depth and breadth to the taught curriculum.

One free staff/adult place is provided for every 12 young people; additional adults pay 20% +VAT. This includes all equipment, tuition and waterproof hire costs. Food and accommodation are included for residential courses.

The next closing date for applications is the 1st June 2019.

Park

Rm. Centre

Peterborough Meeting

### Funding for Projects that Support the Education and Development of Children and Young People

Schools, colleges and community groups in England can apply for grants to <u>BlueSpark Foundation</u> to support the education and development of children and young people through educational, cultural, sporting and other projects. BlueSpark is particularly keen to support projects which will help enhance the self-confidence, team working skills and future employability of children and young people. In most cases grants will be made on a relatively small scale. Many grants will be under £2,000, most will be under £5,000 and only in a few cases will grants exceed £10,000.

Funding provided by BlueSpark for a project must be crucial to the project rather than marginally incremental to its funding. The funding available can be for physical assets (such as iPads, sports equipment, or lighting for stage productions) or for services or facilities (such as sports coaching or music or drama tuition) or simply for the provision of experiences (such as theatre visits). These examples are intended to be illustrative and not restrictive as to the funding which BlueSpark may provide to support projects.

Applications can be submitted at any time and must be made online on BlueSpark Foundation's standard Application Form.

**Useful Links: Online Application Form** 

### **Training**

Please note staff must check with their line manager before applying to go on a course, whether or not there is a charge.

### **Learning and Development Team**

LGSS Learning and Development courses, Children's Early Help, are now listed on iLearn.

#### **LSCB Courses**

II INE 2010

27.06.19

**Outcome Star** 

Course descriptions and how to book onto LSCB courses can be found on the LSCB website.

JOINE SOTA		
03.06.19	Working with Cases of Neglect	Peterborough Meeting
		Rm. Centre
05.06.19	Safer Recruitment	Peterborough Meeting
		Rm. Centre
14.06.19	Early Help – Back to Basics	Peterborough Meeting
		Rm. Centre
18.06.19	Safeguarding Children Training for General	ABAX Stadium -
	Practitioners – Level 3	Peterborough
21.06.19	Introduction to Child Criminal Exploitation	Hinchingbrooke Country

<b>JULY 2019</b>		
10.07.19	Introduction to Safeguarding Children	Peterborough Meeting
		Rm. Centre
15.07.19	Working with Child Criminal Exploitation	Peterborough Meeting
		Rm. Centre

SEPTEMBER 2019					
11.09.19	Introduction to Safeguarding Children	Cambs FA			
18.09.19	Introduction to Neglect	Peterborough Meeting			
	-	Rm Centre			
20.09.19	Introduction to Child Criminal Exploitation	Hunts FA			
24.09.19	Graded Care Profile	Hunts FA			
24.09.19	Safeguarding Children Training for General	Cambs FA			
	Practitioners – Level 3				
25.09.19	Working with Cases of Neglect	Cambs FA			
OCTOBER 2019					
04.10.19	Early Help – Back to Basics	Peterborough Meeting			
		Rm Centre			
08.10.19	Safeguarding Children's Refresher	Peterborough Meeting			
		Rm Centre			
08.10.19	Fabricated and Induced Illness	Young People March			
11.10.19	Safeguarding in Child Sexual Abuse	Peterborough Meeting			
		Rm Centre			
17.10.19	Outcome Star	Peterborough Meeting			
		Rm Centre			
NOVEMBER 2019					
13.11.19	Using the Quality of Care Tool to Assess Neglect	Peterborough Meeting Rm Centre			
14.11.19	Introduction to Safeguarding Children	Peterborough Meeting			
		Rm Centre			
15.11.19	Your Role in the Child Protection Process	Peterborough Meeting			
10 11 10	Manhing with Child Criminal Evaluitation	Rm Centre			
18.11.19	Working with Child Criminal Exploitation	Hinchingbrooke Country Park			
21.11.19	Working with cases of Neglect	Peterborough Meeting Rm Centre			
29.11.19	Early Help – Back to Basics	Peterborough Meeting			

Rm Centre

#### **DECEMBER 2019**

03.12.19 Safeguarding Training for General ABAX Stadium - Practitioners – Level 3 Peterborough

#### **NYA Youth Work Academy**

The National Youth Agency Youth Work Academy is a collaborative learning space dedicated to training and development in the youth work sector.

The NYA Youth Work Academy is working in collaboration with partners across England to deliver training to meet the needs identified both regionally and nationally. This will build local capacity to strengthen our sector and support practitioners working with young people.

Details of upcoming training can be found on the NYA website.

### **Other News and Information**

### Hospital youth work initiatives in line for funds

Youth work support at London hospital A&E units has been earmarked for a share of a £20m cash injection from council tax rises.

The mayor of London, Sadiq Khan, has promised the extra funds for initiatives including those tackling gang-related violence and supporting crime prevention work in A&Es.

A number of charity-run initiatives have been working with hospitals across the country in recent years, with strong evidence that they help avert offending.

Participating hospitals have previously included North Middlesex in north London, Nottingham's Queen's Medical Centre, and University Hospitals Birmingham NHS Foundation Trust.

Research carried out in 2016, The Impact of a Dedicated Youth Worker in a Paediatric Accident and Emergency, published in the British Medical Journal, concluded that one project had "successfully engaged young people attending A&E secondary to aggression and violence" and claimed that support was being offered to "vulnerable young people whose lives can be turned around".

Read more on the Children & Young People Now website.

### Ofsted urges support for schools to fight knife crime

Stronger multi-agency partnerships are needed to support schools to deal with knife crime, according to new research from Ofsted.

After consulting with an expert panel including youth workers, the education watchdog said settings "need guidance about what works" to iron out inconsistencies in approach.

<u>Safeguarding Children and Young People in Education from Knife Crime - Lessons from London</u>, published on 12<sup>th</sup> March, found that while schools have a duty to keep children safe, they do not have the ability to counter the complex societal problems behind the rise in knife crime.

These need to be addressed by a range of partners including the police, local authorities and policymakers, according to the report.

Ofsted's research, based on survey responses from more than 100 secondary schools, colleges and pupil referral units across London, looked at how children are protected from knife violence in school and taught to be safe outside, and aims to help provide a national focus for the way forward.

#### Teenage pregnancy rate falls for 10th year

The number of teenage pregnancies in England and Wales has fallen for the 10th year in a row, according to the latest government statistics.

There were 16,740 conceptions to women aged under 18 years in 2017, compared with 18,086 in 2016 - a 7.4% decrease.

This is a 61.1% decrease on figures 10 years ago, when 42,988 conceptions were recorded.

The conception rate per 1,000 women under 18 has also fallen by 57% since 2007 to 17.9% in 2017.

And among girls aged under 16, the number of estimated conceptions fell more sharply from 2,821 in 2016 to 2,517 in 2017 - a decrease of 10.8%.

The Office for National Statistics (ONS), which estimated the rates based on numbers of recorded maternities and abortions, suggested a combination of education and public health policies had prompted the decline.

### New Youth Charter to support young people across the country

A new Youth Charter will be developed to set out a vision for young people over the next generation and beyond, Mims Davies, Minister for Sport and Civil Society announced on 11th April.

It follows a roundtable the Minister and Jeremy Wright, Secretary of State for Digital, Culture, Media and Sport, had with the youth sector, sports bodies, charities and creative organisations as part of the Prime Minister's Serious Youth Violence Summit to tackle knife crime.

The charter will reaffirm Government's commitment to give young people a strong voice on the issues they care about such as combating serious violence and knife crime, addressing mental and physical health challenges and concerns about the environment and climate change.

It will be developed over the coming months, with Government working alongside youth sector organisations and young people.

Further information can be read in the <u>press release</u>.

### Well-qualified young people held back by disadvantage, study finds

Disadvantaged young people are twice as likely to be not in education, employment or training (NEET) in early adulthood - and inequalities remain even if they are qualified to the same level as their more privileged peers, according to a study published today.

The <u>Establishing the Employment Gap</u> report finds that 26% of disadvantaged young people eligible for free schools meals were NEET after leaving school, compared with 13% of those who were not eligible.

Qualifications are a key determiner of life chances, but the study found that even if these are the same, those who are disadvantaged are twice as likely to end up NEET than those from higher socioeconomic backgrounds.

The report claims that while previous studies have found a similar gap, the new analysis uncovers an additional 78,000 additional disadvantaged young people aged between 18 and 24 ending up NEET.

The study, published by charity Impetus, with the National Institute of Economic and Social Research and the Centre for Vocational Education Research, draws on new longitudinal educational outcomes data from the Department for Education, on the impact of young people's life chances after growing up in disadvantaged families.

### Top Employers to help all primary schools offer careers education to pupils

Education Secretary Damian Hinds announces work with leading employers to help all primary schools offer top careers education.

All primary school pupils will benefit from world leading careers education developed by top industry professionals including the British Chambers of Commerce and BP.

To mark National Careers Week, which runs from Monday 4 March, to Friday 8 March, Education Secretary Damian Hinds announced that the Department is working with industry leaders to help make first class career-related learning a reality in all primary schools.

The Department for Education has published <u>research</u> that shows 96% of primary schools are offering tailored career activities to pupils, despite not being compelled to, and is committing ensure this reaches 100% by working with industry professionals.

Read more on the Gov.uk website.

### British Youth Council receives £170k to lead 'youth voice' projects

The British Youth Council (BYC) will take young people's voices to the heart of government with new funding from the Department for Digital, Culture, Media and Sport. The year-long pilot is set to give young people aged 10-25 the opportunity to shape Government policy.

The new funding will enable the BYC to support the creation of a new Youth Voice Steering Group, a Young Inspectors Group and the commission of a new digital engagement research project. The projects form part of the Government's commitment to encouraging young people to participate in making national policy.

Commenting on the new funding, Mims Davies MP, Minister for Sport and Civil Society, said "We want young people to have a central role in shaping the future of our society.

"Too often the work of government can feel distant from their real lives, but these new projects will give young people an extra voice, make them feel more valued, and show them that they can make a difference and their views can have a positive impact."

30 young people from across England will be recruited for the Youth Groups to be involved in policy development and the monitoring and evaluation of

national programmes. Regional partners will be targeting those with little or no youth voice experience and from seldom heard groups such as young carers and children in care to take part.

The digital engagement research project will explore how digital methods can be used to engage young people in policy making. The project will be led by The Mix, who will be providing support and helping the young people design a digital tool that could be used in future to engage more young people in how policy is made.

The British Youth Council will be releasing further information about the new projects in due course.

### NYA Research Hub Launched – Bringing Practice and Research Together

The National Youth Agency (NYA) has launched a new Hub to help youth work practice and research better inform each other.

Across the country youth work is engaged in vital services and support across all aspects of young people's lives, for example in the face of mounting challenges from knife crime, mental health and future employment.

Youth work and associated services are having to do this whilst adapting to new environments, contexts and demands; and further research and development is needed to help understand this.

The NYA Research Hub (The Hub) is being launched to bring together the voices of young people, youth workers, academic researchers and other stakeholders to ensure that youth work practice 'on the ground' feeds in to research and vice versa, with the results helping to better inform practice,

policy and sector development through a clear evidence-based approach, initially in the following areas:

- Determining the cost benefit of investing in preventative services and open access youth work.
- Investigating how youth work and associated services adapt to new environments.
- Exploring particular aspects of youth work and young people's lives.
- Facilitating research findings to be incorporated into training, development and policy.

The NYA Research team will provide a practice informing paper by collating evidence and case-studies from across the country to share knowledge and best practice to benefit all youth work and ultimately young people.

Submissions for evidence are now open and NYA are also opening invitations for interested parties to join the Research Hub Steering Group to help shape a national programme of Youth Work research, and to encourage more funding into areas of youth work research.

For further information visit the Research Hub page.

### New projects to strengthen families and keep children out of care

Children in and on the edge of care will benefit from £84 million of new investment for projects designed to strengthen and support families - marking the 30th anniversary of the Children Act by reaffirming its core principle that, where possible, children are best brought up with their parents.

Up to 20 councils will receive funding to help improve their practice, supporting families to stay together wherever appropriate, so that fewer children need to be taken into care and giving them the best chance to succeed in life.

Three 'early adopters' have been unveiled to deliver one of three landmark projects originally run through the Department for Education's Innovation Programme: Darlington, Cambridgeshire and Middlesbrough.

The launch of the government's Strengthening Families, Protecting Children <u>programme</u> will start work to roll out the three successful projects to other eligible councils, where there are persistently high numbers of children being taken into care.

Read more on the Gov.uk website.

### Restrictions on adverts for food high in fat, sugar and salt: public asked for views

The government is consulting on reducing children's exposure to advertising for products that are high in fat, salt and sugar (HFSS) on TV and online.

A new <u>public consultation</u> asks people for their views on ways to reduce the number of adverts for foods high in fat, sugar and salt that children are exposed to.

Exposure levels on TV have fallen significantly since restrictions around children's programmes were introduced 10 years ago, but there remains a significant amount of exposure.

In 2017, it is estimated that children were exposed to more than 700 million online adverts for foods high in fat, sugar or salt and almost 3.6 billion TV adverts.

The proposals would target foods that contribute most to children's intake of calories. The restrictions would not apply to everyday staples like butter, oil or meat.

As part of the consultation, the government will consider the impact that further advertising restrictions may have on business, particularly broadcasters.

Currently, one in 3 children are overweight or obese and the number of severely obese children is on the rise. The proposals are part of a series of measures that will support the <a href="NHS Long Term Plan">NHS Long Term Plan</a> and help to halve childhood obesity by 2030.

This consultation closes at 11:59pm on 10 June 2019.

If you would like this information in an alternative format please contact 01223 715492

