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## The Central Line

With Spring fast approaching we continue to see growth, change and new ways of working. Later this month we will be able to share with you all a fantastic new resource “Which Way” for use in 1-2-1 or small group work. This resource will be accessible via the portal and together with a USB stick (“Spin”, a film resource about crime, peer abuse and exploitation, that will be sent to all teams) will enable you to deliver a 2 session programme that supports young people to have a better understanding of what exploitation, peer abuse and consent are and the effects and consequences associated with them. This is a nationally used resource with evidence based outcomes.

You may notice that the portal has changed. This is part of our review of it as a resource for several teams and in preparation for its move to the CCC platform. Likewise, we are excited to be reviewing Youthoria ahead of its move to the CCC platform and pleased that we are able to safeguard this as a valuable resource in our work.

Looking forward to more sunshine and seeing what continues to grow from everyone’s hard work

*Liz*

County Youth and Community Manager

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Please send your feedback or articles to be included in this newsletter to Central YSS

The [YSS Portal](#) contains information, policies and procedures to help you in your work.

## NEET Performance and RPA

### NEET Data for January 2019

The NEET data for January with comparison to this time last year:

Measure	Result Jan 2018	Result Jan 2019
16-18 yr olds NEET	2.6%	2.7%
16-18 yr olds Not Known	0.7%	0.5%
16/18 yr olds NEET and Not Known	3.3%	3.2%
Year 12 In Learning	95.6%	94.7%
Year 13 In Learning	91.1%	91.5%

The above data for January 2019 shows that we continue to perform well again this year, our NEET figure is slightly higher than last year, however our Not Known figure is better and so the overall NEET and Not Known figure is better than last year. The Year 12 In Learning % is a concern as this is almost 1% lower than last year. This provides more evidence that the amount of learning provision that is available has reduced from last year and does form part of many conversations that I have with senior managers within the local authority. However the Year 13 In Learning % is better than last year which would suggest we are doing better in supporting young people to sustain engagement in learning as per the Raising Participation Agenda. The results continue to be excellent despite the challenges around provision that you all face. Well done – keep up the positive work.

### Latest Comparison Data with Eastern Region – January 2019

The latest comparison data that has been provided for January 2019 – shows Cambridgeshire continue to perform well with our Eastern Region Neighbours. We continue to be in the top 20% of all local authorities in the country.

	Academic age 16-17						Quintile
	NEET	NEET % NEET / (cohort - 710 - 720)	Not known	% not known NK / (cohort - 710 - 720)	NEET and NK	% NEET and NK (NEET + NK) / (cohort - 710 - 720)	
EAST OF ENGLAND	3632	2.9%	1596	1.3%	5228	4.2%	
Thurrock	59	1.6%	0		59	1.6%	1
Herts	619	2.5%	175	0.7%	794	3.2%	1
Cambs	326	2.7%	64	0.5%	390	3.2%	1
Essex	765	2.5%	346	1.1%	1111	3.6%	2
Bedford	126	3.4%	29	0.8%	155	4.2%	2
Luton	131	2.5%	90	1.7%	221	4.3%	2
Southend-on-Sea	102	2.6%	84	2.1%	186	4.7%	3
Central Beds	186	3.3%	83	1.5%	269	4.7%	3
Norfolk	636	3.8%	161	1.0%	797	4.8%	3
Suffolk	497	3.5%	388	2.7%	885	6.3%	4
Peterborough	185	4.1%	176	3.9%	361	7.9%	5

## Capita ONE YOUTH System Go Live

Following a couple of small hiccups with data migration, we finally went live with the new database – ONE Youth. There continues to be some issues with the system which is expected with any new system and we are working constantly with the IT teams and the supplier of the system to overcome these issues.

We have also discovered that there are a few additional differences in the way certain things are recorded and so we plan to put together some guidance notes in the next couple of weeks to support staff in ensuring that information is recorded correctly.

ONE Youth is a module of the ONE system and therefore is connected to it, although is also a separate system in its own right and access to it is via a different route. Some of the complexities of the system and issues that have come up are connected to the fact that it is connected to the ONE system and certain data about young people is shared between the 2 systems. With this in mind, there will be some communications that will come out in the next few weeks that go to all users of the ONE system, to ensure that the data recording that is done on ONE supports the statutory duty for reporting Raising Participation Age data.

If you encounter any issues with the new system, please feel free to contact Mark Cowdell who will try to support where he can. Also it is important to raise issues via Let's Go Direct and ensure that you record that the issue is with the ONE Youth system and it will then be allocated to the correct team who will be able to investigate the issue for you. It also helps if you can take screen prints of the system when issues occur as this helps with the investigation.

Mark Cowdell, County NEET Manager

## Policy and Information

### Healthy Relationships posters for young people

Cambridgeshire and Peterborough Domestic Abuse and Sexual Violence Partnership have released some new posters aimed at encouraging young people to seek support and information about healthy relationships. The four posters highlight things that may be said to young people who are in an abusive intimate relationship and direct them to the Home Office Disrespect Nobody website for information on healthy relationships and abuse.

The latest Health-Related Behaviour Questionnaire results report 'Young People Into 2018' shows that around one third of pupils in year 8 and year 10 have experienced behaviours such as jealousy, threats and even hitting from current or ex boyfriends of girlfriends.

The posters will be sent countywide to schools, youth centres and voluntary organisations working with young people over the next few weeks and are also available to download from the [Cambs DASV website](#).

The Partnership links with statutory and voluntary organisations across the county to provide information and support to people experiencing domestic abuse and sexual violence and education around healthy relationships is a key priority for all partners.

For local support, the [Youthoria website](#) contains a wealth of information for young people in Cambridgeshire, including help around relationships.

## Centre 33 – project to support young people

Centre 33 can support young people with any worries they have around [money, benefits, jobs and careers](#). They can signpost to other specialist agencies who might be able to help.

Centre 33 are running a special project to support young people with money and job hunting. They are aiming to work with 28 young people, moving 5 into training and 5 into job search.

If the young person is not in paid work, Centre 33 can offer up to 20 hours 1:1 coaching to help them:

- Make sense of their money
- Get online
- Start to look for work.

Please contact Sam at Centre 33 on 0333 4141809 or by [email](#) if you know of a young person who would be interested in getting involved.

Sam can meet with them in a comfortable one-to-one setting and support them in forming a plan to enable them to get closer to their goals. They can ask for support with CV writing application form skills, interview skills, exploring volunteer options, exploring education/training options, help with getting online, support in starting to job search or anything else that may help them move forward.

## Violence Against Women and Girls – Newsletter

The latest VAWG newsletter is available on the Cambridgeshire and Peterborough Domestic Abuse and Sexual Violence Partnership [website](#).

## Resources

### Mobile Apps

We use mobile phones for so much now. Did you know that you can get mobile apps to help you with your mood? Sometimes we feel angry, sometimes we feel really unhappy, sometimes we feel great and as though everything is going our way. Mobile apps can be a really helpful way to keep track of your mood, as well as learn relaxation techniques and get any information we might need.

Here are some free apps you might find useful:

#### Need advice?

Madly in Love – relationship and mental health advice

Doc Ready – Helps you feel more confident about going to see the GP about a mental health issue

#### Need help?

In Hand – provides you with strategies, advice and activities when your mental health is at risk

Crisis Card – provides a ‘one button’ call for help so you can reach your support network without having to face a phone call and can communicate without having to talk.

Stem4 – support with self-harm by providing activities to support you with urges to self-harm

CalmHarm – offers prompts and guidance on alternatives to self-harm.

## How do you feel?

Mood Bug – lets you share how you feel with your close friends and lets them know you're thinking about them

Daylio - Mood Tracker – lets you track your mood on your phone.

Happify – designed to train people to disrupt patterns of negative thinking, manage stress and build skills to overcome life's challenges

SAM – Self-help for anxiety. Track your anxious feelings, record the things that make you anxious and learn to deal with anxious thoughts.

## Need to relax?

Smiling Mind – helps you relax

Headspace – Take 10 minutes a day for 10 days to relax and have some time out.

## **Online Support for Mental Health**

[Papyrus](#) - support to young people considering suicide

[Samaritians](#) - support for all when feeling lonely, worried, low or suicidal

[Young Minds](#) - mental health advice and real life stories for children and young people

[Brook](#) - sexual health and wellbeing advice

[Disrespect NoBody](#) - advice and education for young people about healthy and abusive relationships

[The Mix](#) - free information for under 25s on a range of issues

[The Lesbian and Gay Foundation](#) - advice and support on a wide range of issues

[STEM 4](#) – self-help on eating disorders, depression and anxiety, self-harm and addiction

[FRANK](#) - information on drugs and advice

[KOOOTH](#) - a free online service that offers emotional and mental health support for children and young people. Access to online counsellors and therapists

[MindEd](#) - a free educational resource on children and young people's mental health for all adults.

[Keep Your Head](#) - central point for information on children and young people's mental health and wellbeing in Cambridgeshire and Peterborough. This site signposts you to important online information and local services on mental health and wellbeing for children and young people.

[CHUMS](#) - online information for mental health and emotional well-being

## Funding

### Grow Wild Youth-led Project Funding

Grow Wild are offering young people aged 14-25 the chance to apply for £500 to lead a project that celebrates UK native wildflowers and fungi in exciting and engaging ways. Find out more and apply [here](#) before 1st April.

## Training

Please note staff must check with their line manager before applying to go on a course, whether or not there is a charge.

### Learning and Development Team

LGSS Learning and Development courses, Children's Early Help, are now listed on [iLearn](#).

### LSCB Courses

Course descriptions and how to book onto LSCB courses can be found on the [LSCB website](#).

#### APRIL 2019

03.04.19	Introduction to Safeguarding Children	Hunts FA
11.04.19	Outcome Star	Peterborough Meeting Rm. Centre
25.04.19	Fabricated and Induced Illness	Peterborough Meeting Rm. Centre

#### MAY 2019

07.05.19	Graded Care Profile	Cambs FA
15.05.19	Safeguarding Children's Refresher	Peterborough Meeting Rm. Centre
16.05.19	Introduction to Neglect	Cambs FA

#### JUNE 2019

03.06.19	Working with Cases of Neglect	Peterborough Meeting Rm. Centre
05.06.19	Safer Recruitment	Peterborough Meeting Rm. Centre
14.06.19	Early Help – Back to Basics	Peterborough Meeting

18.06.19	Safeguarding Children Training for General Practitioners – Level 3	Rm. Centre ABAX Stadium - Peterborough
21.06.19	Introduction to Child Criminal Exploitation	Hinchingbrooke Country Park
27.06.19	Outcome Star	Peterborough Meeting Rm. Centre

#### JULY 2019

10.07.19	Introduction to Safeguarding Children	Peterborough Meeting Rm. Centre
15.07.19	Working with Child Criminal Exploitation	Peterborough Meeting Rm. Centre

#### SEPTEMBER 2019

11.09.19	Introduction to Safeguarding Children	Cambs FA
18.09.19	Introduction to Neglect	Peterborough Meeting Rm Centre
20.09.19	Introduction to Child Criminal Exploitation	Hunts FA
24.09.19	Graded Care Profile	Hunts FA
24.09.19	Safeguarding Children Training for General Practitioners – Level 3	Cambs FA
25.09.19	Working with Cases of Neglect	Cambs FA

#### OCTOBER 2019

04.10.19	Early Help – Back to Basics	Peterborough Meeting Rm Centre
08.10.19	Safeguarding Children's Refresher	Peterborough Meeting Rm Centre
08.10.19	Fabricated and Induced Illness	Young People March
11.10.19	Safeguarding in Child Sexual Abuse	Peterborough Meeting Rm Centre
17.10.19	Outcome Star	Peterborough Meeting Rm Centre

**NOVEMBER 2019**

13.11.19	Using the Quality of Care Tool to Assess Neglect	Peterborough Meeting Rm Centre
14.11.19	Introduction to Safeguarding Children	Peterborough Meeting Rm Centre
15.11.19	Your Role in the Child Protection Process	Peterborough Meeting Rm Centre
18.11.19	Working with Child Criminal Exploitation	Hinchingbrooke Country Park
21.11.19	Working with cases of Neglect	Peterborough Meeting Rm Centre
29.11.19	Early Help – Back to Basics	Peterborough Meeting Rm Centre

**DECEMBER 2019**

03.12.19	Safeguarding Training for General Practitioners – Level 3	ABAX Stadium - Peterborough
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## Other News and Information

### Safer Internet Day

Safer Internet Day took place earlier in February. Whilst we may have missed this there are some resources available which can be used at any time.

An online [quiz](#) has been produced to help children and young people stay safe of the internet with a PDF version also available.

The NSPCC offers support and advice about the [risks of Sexting](#).

### Young People's Views Wanted - School Nurses

School nurses can work with you, as well as your schools, family and community, to improve your health and wellbeing.

They might do this through personal appointments and reviews, or by running wider sessions on general health and wellbeing across your class, year and school.

This is being promoted by the British Youth Council on behalf of Public Health England who would like to know what young people think about their school nurse experience.

They are asking for as many school children as possible to complete the survey giving them a voice which will influence future decisions made about how young people are supported. All answers are anonymous.

Thank you - <https://www.surveymonkey.co.uk/r/schoolnurse19>

### Youth Employment UK - Youth Voice Census

Youth Employment UK's yearly nationwide [survey](#) is now open. The survey benchmarks the life, study and work experiences of 14-24 year olds. It can be used to monitor the successes and challenges of activity designed to support young people transitioning from education to employment. The 2018 report can be read on the [Youth Employment's website](#).

## Erasmus+ and European Solidarity Corps Programme: Brexit update

The government is encouraging organisations to apply as normal for the [upcoming deadlines](#) for Erasmus+ and European Solidarity Programme funding. In the event that the UK leaves the EU with no agreement, the government will cover the payment of awards to UK applicants for all successful bids. Click [here](#) for more information, and [FAQs](#).

## Office for National Statistics (ONS) publishes guidance on measuring loneliness

The Office for National Statistics has now published its [detailed recommendations](#) on how to measure loneliness, including the first tranche of government surveys that will be adopting the measure. In practice, this package means that for the first time, loneliness can be measured at a local level, helping those who commission and provide services to measure the impact of their work and make the case for investing in loneliness prevention.

They have also published new research in partnership with the Children's Society that explores how children and young people experience loneliness. For the full findings and explanation of the methodology used, visit the [ONS website](#).

## Home Secretary announces further action to target youth violence

On 11th February the Home Secretary announced two new initiatives to steer vulnerable young people away from a life of serious violence.

Chairing the latest Serious Violence Taskforce, Sajid Javid set out details of a new youth advocates programme that will see respected members of communities, such as sport coaches and youth workers, receive specialist training in order to have safe conversations with young people and provide them positive alternatives to carrying a knife.

He also announced the next stage of the #knifefree advertising campaign which features real life stories of youth who have turned away from a life of crime thanks to a mentor in their community.

The new youth advocates programme is running in London and Manchester and provides local role models with expert training on skills such as safeguarding, diffusing conflict and substance misuse. This will help them spot warning signs and give guidance on how to cope in challenging situations.

To support the advocate's conversations with young people, new [#knifefree adverts](#) will run in key London and Manchester areas. These will tell the real stories of young people portrayed by actors of why and how they stopped carrying knives – inspiring others to live knife free.

Members of the Taskforce were updated on a new collaboration with youth channel SBTV which saw [four YouTube videos](#) go live on Sunday. The videos were filmed across the UK and show music artists speaking to young people from their area about why and how they are both knife free.

These use popular music artists, such as Bugzy Malone, who has almost 1 million Instagram followers, to amplify the #knifefree campaign and directly reach young people and inspire them to live knife free.

The #knifefree media campaign - which aims to educate 10-21 year olds on the dangers of carrying knives – is one of the 61 commitments in the Serious Violence Strategy which stresses the importance of early intervention to tackle the root causes of violent crime and provide young people with the skills and resilience to lead productive lives free from violence.

The strategy sets out the importance of a multi-agency approach to tackling serious violence which involves a range of partners and agencies. Building on this, on 2 October the Home Secretary announced further measures including a new £200 million youth endowment fund, an independent review of drug misuse and a consultation on a new legal duty to underpin a multi-agency preventative or 'public health' approach to tackling serious violence.

If you would like this information in an alternative format please contact  
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