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Dear Head Teacher

I am writing to update you on the development of the Cambridgeshire Healthy Child Programme (HCP) model for the 5-19 year old element of our School Nursing service.

The successful introduction of the School Nursing Duty Desk in June has meant that we are now able to be more responsive to the needs of young people. We are providing a range of telephone support, ensuring the young person has access to the right services, can be referred on to the right services or is offered an appointment. Professionals who previously would have discussed referrals face to face with a named school nurse are able to liaise directly with the school nursing duty desk.

Any request for health support for a **primary school age child** need to be to the **Early Help Hub (EHH) via an Early Help Assessment** (Cambridgeshire County Council). We meet with colleagues from the EHH daily to ensure that each child's health needs are met appropriately. All requests for health support for a **secondary school age child** are accepted directly via the duty desk. **Referrals will only be accepted in line with the criteria** outlined in the enclosed document, through the School Nursing Duty Desk Number 0300 029 5050 or email on ccs.cambs.hcp.schoolnursingdutydesk@nhs.net

All referrals will be triaged and allocated to practitioners who will then make contact with the young person in either a school or community setting. From September 2017 our work within schools will be result from the referrals we receive therefore please can you continue to keep allocated rooms available within schools or GP surgeries. If you have made a group intervention request in the past you would have discussed this with the school nurse linked to a school but in future this this needs to be initiated via the Duty Desk.

Our new model is a 'needs led' service therefore we are prioritising young people according to their need and the practitioner who is best to support them. In addition we are focusing our capacity more in areas of high need according to Cambridgeshire's Indices of Deprivation and the County Council's Public Health's objectives. In essence our offer will be:

- Targeting resources to areas and school clusters identified as being in greatest need including continuing to attend all initial safeguarding meetings and core groups where there is an identified health need.
- Identifying priorities for children and young people in Cambridgeshire.
- Increasing use of technology, such as the confidential texting service Chat Health to enable all young people to access the service and to promote greater health literacy.
- Transition to primary school, secondary school and adulthood through sharing information with families leading to targeted health reviews at those life stages.
- Increasing awareness of available online resources, specialist organisations and health information.
- Group interventions to support local health priorities through PSHE sessions.
- Medicines management online training and supporting children in school with extra health needs.
- Improving school readiness and clinics for nocturnal enuresis.
- Evaluating the impact of all interventions utilising Goals Based outcomes tools for all interventions and children and young people.

All localities will have a lead locality Specialist Community Public Health Nurse (School Nurse) who will support a skill mix team providing a variety of individual and group interventions. As we further develop the service we aim that the SCPHN School Nurse will work with you to understand the health priorities within their localities and be able to work increasingly in partnership to improve the services to young people.

We are working with our staff to operationalise the new service through recruitment and training, and as part of this work have developed clear referral criteria for individual interventions and care pathways which are enclosed. The estimated date for the implementation of the texting service to secondary age children (ChatHealth) is mid October and I will send the details in due course. This will enable young people to refer and obtain support directly with a school nurse.

We look forward to working with you in the future

Kind regards

Fleur Seekins

Clinical Lead 0-19 HCP Service

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