

Appendix A - Referral Criteria Grid for Stakeholders

Healthy Child Programme 5-19 Service	Core Offer – low level need identified as	Enhanced Offer – high need identified as
<p align="center">Referral Criteria</p>	<ul style="list-style-type: none"> All children and young people who reside in Cambridgeshire. All LEA funded / academy schools within Cambridgeshire's low needs health profile (according to Income Deprivation Affecting Children Index/ Indices of Multiple Deprivation data) Children and young people out of education Children who are young carers Children and young people subject to safeguarding/early support/ children looked after/early help 	<ul style="list-style-type: none"> All LEA funded / academy Schools within Cambridgeshire's high need health profile (according to Income Deprivation Affecting Children Index/ Indices of Multiple Deprivation data) Children and young people in a low needs profile area but have been assessed individually as requiring an intervention Children and young people out of education Children who are young carers Children and young people subject to safeguarding/early support/ children looked after/early help
<p align="center">Emotional Wellbeing</p> <p>Self-harm, low mood, stress & anxiety, suicidal ideation, emerging eating concerns, self esteem, emotional resilience, bereavement, managing emotions/emotional regulation</p>	<ul style="list-style-type: none"> Professionals, parents and young people can contact us at: School Nursing Duty Desk 0300 029 5050 and speak to a clinician for advice, support, health resources, accessing appropriate services or book an appointment. Young People should be encouraged to use our text messaging service direct - CHAT Health – from mid October 2017. Child/Young Person Health Conditions – support & advice, access to medical awareness training, support to access appropriate health professionals Health assessment – to identify support for children with complex medical needs, if attendance is poor due to health issues, to support safeguarding 	<ul style="list-style-type: none"> Nurse led appointment to assess and plan care and make referrals as required. A time limited intervention (up to 4 sessions) Themed drop in's based on local need and profiling Partnership group interventions Sexual health drop in clinics within high need areas/ rural schools
<p align="center">Sexual Health</p> <p>Healthy relationships, contraceptive awareness, general advice and support, STI advice, sexual identity, awareness of appropriate local services or websites.</p> <p>C Card – offered as part of 1-1 work.</p>		
<p align="center">Healthy Lifestyles</p> <p>Children & Young People's health needs, smoking cessation, substance misuse & alcohol, healthy eating, sleep, healthy bowels & bladder, nocturnal enuresis, accessing other services</p>		

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<p align="center">Transition Stages</p>	<p>School Entry</p> <ul style="list-style-type: none"> Information and resources to support transition events <p>Transition to Secondary School</p> <ul style="list-style-type: none"> Health leaflet to all young people Health assessment if requested by parent Information and resources to support transition events 	<p>School Entry</p> <ul style="list-style-type: none"> Cluster Transition Sessions <p>Transition to Secondary School</p> <ul style="list-style-type: none"> Health leaflet to all young people Health assessment if requested by parent Contribute to assemblies, new intake events, transition days
<p align="center">Health promotion/PSHE</p>	<p>PSHE</p> <ul style="list-style-type: none"> Contact Duty Desk for access to resources and request themed drop-ins <p>Community Health Promotion</p> <ul style="list-style-type: none"> Participate at events providing the opportunity to promote CHAT Health and Duty Desk. 	<p>Health Days</p> <ul style="list-style-type: none"> Contribute if this addresses an identified health need. Opportunity to deliver key health messages and empower young people.