

# School Nursing and District Hub Referral Pathway

School Nursing Teams	District Early Help Teams
<p><b>Emotional Wellbeing</b> Self-harm, low mood, stress &amp; anxiety, suicidal ideation, emerging eating concerns, self esteem, emotional resilience, bereavement, managing emotions/emotional regulation</p> <p><b>Sexual Health</b> Healthy relationships, contraceptive awareness, general advice and support, STI advice, sexual identity, awareness of appropriate services. C Card – offered as part of 1-1 work.</p> <p><b>Healthy Lifestyles</b> Children &amp; Young People’s health needs, smoking cessation, substance misuse &amp; alcohol, healthy eating, sleep, healthy bowels &amp; bladder, nocturnal enuresis, accessing other services</p> <p><b>Confidential appointments can be offer to young people</b></p>	<p><b>Advice and Support</b> – parenting support / courses</p> <p><b>Support young people</b> – education, employment training &amp; personal development</p> <p><b>Support schools</b> – students with behavioural problems</p> <p><b>Support attendance in schools</b> – helping children/young people attend regularly and punctually</p> <p><b>Specialist support</b> – young people needing help in the transition to adulthood.</p>
<p>Schools can ask for <b>advice and health information</b> via the School Nursing Duty Desk where guidance is required.</p> <p>When the school is requesting <b>individual support</b> or intervention for a <b>primary school aged child</b> this should be supported by an Early Help Assessment (EHA) to the Early Help Hub.</p> <p>For a <b>secondary school aged child</b> a referral can be made directly to the School Nursing Duty Desk <a href="mailto:ccs.cambs.hcp.schoolnursingdutydesk@nhs.net">ccs.cambs.hcp.schoolnursingdutydesk@nhs.net</a> or to the Early Help Hub.</p> <p>Where there is a concern or a question directly from a <b>parent</b>, the school can give the parent the School Nursing Service Duty Desk Contact Number <b>0300 029 5050</b>.</p>	
<p>When a EHA is received by the District Early Help Team if there is a health need, the co-ordinator and school nurse will discuss the EHA at a <b>joint allocation meeting</b>.</p> <p>The school must make sure the parent / carer or young person understands this and has given <b>consent</b>.</p>	

## POTENTIAL OUTCOMES

